



## FRONT

### BIKE BESTS THE BEAST

JEREMY DERKSEN / [snowzone@vueweekly.com](mailto:snowzone@vueweekly.com)

There are different ways to get involved in a bike community—through joining a riding club, attending a bike event like Bikeology (this June in Edmonton) or connecting with a non-profit organization like the Edmonton Bicycle Commuters. Relatively few get into it for charity, but that’s what Calgarian Tim Harriman did.

Harriman, 19, is a cancer survivor. Starting at 15, he underwent two and a half years of treatment including high dose chemotherapy and radiation. It was during this time that he made a commitment to cycle across Canada to raise awareness and funds for childhood cancer. As he goes, he is also collecting messages from kids with cancer, which he plans to relay to the Prime Minister. As part of his Spokeman Tour ([spokemantour.com](http://spokemantour.com)), he’s visiting the Stollery Children’s Hospital Oncology Centre in Edmonton on Fri, Jun 15.

For Harriman, biking isn’t just about healthier living or saving the environment. He began training while still in treatment.

“Going through treatment was challenging, let alone to go work out for an hour,” he recalled, “but I’d just remind myself what it was for and that kept me going.”

Three weeks after his treatment finished in May 2005, he began a more intense training regimen to get ready for this ride. For the last six months he’s averaged around 90 kilometres a day. His journey, which began on Jun 1, represents the culmination of over two years of training and dedication. In total, he aims to complete the trip from Victoria, BC to Saint John’s, Newfoundland in 83 days. **V**